Yoga Foundations Class

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Created *Jun 9 2010 - 5:20pm*
Location: Longview Yoga 2500 Judson Rd Ste G (next to Blockbuster Video)
Date: June 8, 2010
Start & End Time: 6:45pm - 8:00pm
All Day Event: No

Learn the Foundations of Yoga with Karen Higgins. The cost is $50 and will run from June 8th to July 13th. Be sure to bring along a yoga mat and a water bottle with you. This class is for ages 13 and up. For more information, please call 903-237-1270.

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